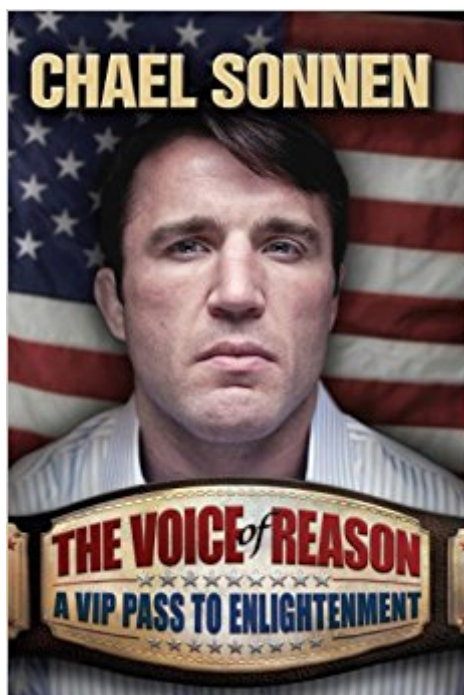


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The Voice Of Reason: A V.I.P. Pass To Enlightenment



Synopsis

The book that you are considering buying is nothing short of a VIP Pass to Enlightenment, written by the UFC's most infamous and feared destroyer of menâ "Chael P. Sonnen. Backwoodsmen and unlearned folk call him the Walking Thesaurus. His contemporaries have bestowed upon him the title Sir Sonnen. And those dwelling in the forgotten, forlorn jungles south of the equator reverently refer to him as filho da puta, a term Sonnen personally deciphered using his mastery of linguistics. It means, simply, "the Great and Humble Bearer of Knowledge." In the coming pages, Sonnen's commentary and tales of heroic adventure will initiate you into the world of superhuman greatness. Allow him to carry you like a frail damsel through the world of professional mixed martial arts as he cuts weight, deals with moronic cornermen, expresses his disdain for focus mitts and punching in general, gets his face rearranged, and finds support and encouragement from fans. Permit him to cleanse your mind's palate and teach you the truth about history, politics, endangered species, cinema, terrorists, music, particle accelerators, and his plans for creating a Chaelocracy, which translates as "a Better Earth." Shower him with praise as he takes you into his manly mitts like a lump of clay and reshapes you in his own likeness. Like all men of myth and legend, Sonnen strives for the betterment of the human race. Prometheus brought us fire; Dana White brought us the modern-day gladiator; and Chael P. Sonnen now brings us the step-by-step guide to being a great human being and patriot. Purchase this book; learn how the world really works from the perspective of a man who has been face-to-face with presidents, wardens, dignitaries, judges, kings and queens, and athletic commissions; and find out if you have what it takes to awaken from your progressive nightmare. There is no better day to stop being you and start trying to be Chael P. Sonnen. The time has come for The Voice of Reason. Chael Sonnen is the best trash-talker in all of sports.â "Jim Rome Host of The Jim Rome Show I've never seen anything like it. He's the best thing since Muhammad Aliâ "Dana White UFC President

Book Information

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Customer Reviews

This book begins and ends better than any MMA book I've read, and I've read most of them. Don't get me wrong, there is a ton of very interesting and hilarious material in the center of this book, such as Chael dealing with athletic commissions, federal agents, and other personal stories, but the first 10,000 words and the last 10,000 words really take you into the life of a professional fighter. It shows you the ups, the downs, and the personal battles a fighter has to go through. Even more so, it shows you what it takes to be a fighter. They force you to dive into the mind of a very experienced fighter, and while parts are extremely funny, it shows you something that you never see on TV or hear in interviews. It shows you the crazy, almost maddening battle they go through on a day by day basis. After reading this book, I realize that only a very select portion of people have what it takes to be a fighter. Sure, there is the fame and the thrill of stepping into the cage in front of millions of people, but I now realize there is so much more to being a 'professional' than what you see on highlight reels. In an almost poetic style, Chael presents the fear, the doubt, the absolute terror guys like him go through every time they step into the cage, and he shows how they (or at least him) deals with those emotions. At many points in these chapters I actually got the chills. It's quotes like these that dive deep: An old wrestling coach of mine once told me something brilliant, and it applies to every fight I've won and, sadly, every fight that I've lost: "Chael, you can tell when a guy breaks." And you can, even (nay, especially) when it's you.----You're never ready. You prepare. You train.

So.. wow. I'll be quite frank, right off the bat. As someone that is more than well aware of Chael and his day-to-day "persona", I figured I might have some misgivings about him writing a book. As luck would have it, I found myself on the receiving end of it irregardless, and was pleased that I took the time to sit down and read it.. in under two days. You read that right - "in under two days". I'm an admitted bookworm from time to time, but rarely do I plow through a book quite like that... which is to say: This, believe it or not, is a page turner. Where you might expect to be picking up another about-and-sort-of-written-in-the-voice-of-the-athlete book is where you'll end up being wrong. YES, there is Promotional Chael in this book. But above and beyond anything you might expect, there is

also reminiscent Chael, sociologist Chael, social media Chael, politician Chael, coach Chael, student Chael, fighter Chael, and most pointedly: Human Chael. But if it's not a "biography", then what is it? I'll not throw around the "manifesto" description, as it's already heavily in rotation, but will simply point out that it is essentially a collection of essays. Thought-out observations, if you will. A look inside the mind of a man that normally spends his time showing a caricature of himself rather than his inner monologue? Yes, absolutely. Sparing an extensive chapter-by-chapter review here (you should probably just buy the book, eh?), I'll say this: MMA fans will certainly enjoy their time spent reading this book. Non-MMA fans will enjoy it just as much (and maybe even more than?) the diehard fans. At the end of the day, "Voice of Reason" is a hilariously fun and interesting read that (surprisingly) has something for everyone.

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